

What **drinks** are **OK**?



Water



Coffee
(no milk or cream)



Clear Sport Drink
(with electrolytes)



Tea



Clear Soda
(Sprite, 7-Up)

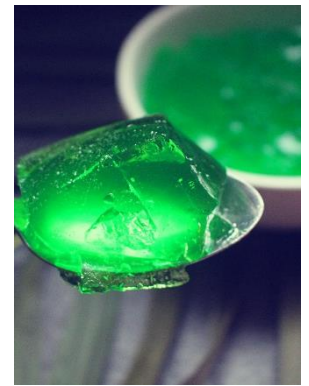


Apple Juice

What **foods** are **OK**?



Honey



Jello with no toppings
(no red or purple jello)



Popsicle



Hard Candy



Clear Broth

What **drinks** are **NOT OK**?



Milkshake



Coffee with cream



Pineapple Juice



Orange Juice



Milk



Alcohol

What **foods** are **NOT OK**?



Bread, Grains, Rice



Soup with food



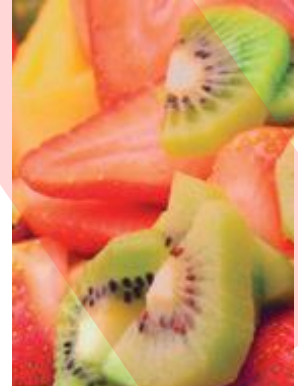
Meat



Milk or Dairy



Vegetables



Fruit