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#### REHABILITATION CENTER SANTA CLARA VALLEY MEDICAL CENTER

## INTERDISCIPLINARY OUTPATIENT PROGRAM SCOPE OF CARE

# POLICY

SCVMC Interdisciplinary Outpatient Program provides a broad range of comprehensive coordinated outpatient medical and therapeutic services to meet the individualized strengths, cultural needs, age requirements, abilities and preferences for each person served. Typical diagnosis treated in the program include brain injury, stroke, spinal cord injury, major multiple trauma, orthopedic disorders, Guillain-Barre Syndrome, neuromuscular diseases, multiple sclerosis, polyneuropathy, limb amputations, arthritis, debility, medically complex, burn injuries, spina bifida, cerebral palsy, and post-polio.

## **CARF Specialty Programs:**

Outpatient Interdisciplinary Brain Injury Adults, Adolescents, and Children Outpatient Interdisciplinary Spinal Cord Injury Adults, Adolescents, and Children Outpatient Interdisciplinary Stroke Specialty Program Adults

## Onsite services available upon referral:

- Audiology (very limited availability)
- Cardiology
- Dermatology
- Diabetes Clinic
- Endocrinology
- ENT
- Gastroenterology
- Gynecology
- Neurology
- Neurosurgery
- Optometry (very limited availability)
- Ophthalmology(very limited availability)
- Orthopedics
- Peer Support
- Plastic Surgery
- Podiatry
- Psychology Services
- Pulmonology
- Rheumatology

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- Social Services
- Surgery
- Urology

## **Outside Vendor Relationships**

- Orthotics
- Prosthetics
- Durable Medical Equipment
- Restorative Equipment Vendors

# Physical Medicine and Rehab Medical Services and Clinics (Monday-Friday, 8am - 5pm) Available by referral only

## Services include:

- Debridement of (minor) decubiti
- Dietician consult
- Injection tendon sheath, carpal tunnel, ligament, shoulder joint, or trigger point
- Nerve block (peripheral)
- Motor point blocks with botulinum toxin and phenol
- Suprapubic aspiration for bladder urine for culture and sensitivity
- Refills of implanted intrathecal baclofen pumps
- Tracheostomy changes
- Electrodiagnostic studies
- Gynecological examination

**PMR Clinics-**services provided by a physician experienced in Rehabilitation Medicine

- Brain Injury
- Spinal Cord Injury/Disorders
- Stroke
- Women with Disabilities
- Other Neurologic Diseases/Disorders: Multiple Sclerosis, Post-Polio Syndrome, Guillain-Barre Syndrome, Cerebral Palsy, Neuropathies

#### Interdisciplinary Clinics

- Amputee Clinic- Physiatrist, Prosthetists
- Spasticity Clinic Physiatrist, PT and OT
- Wound Clinic Physiatrist, Certified Wound Care Specialists (at O'Connor Wound Clinic)
- CCS Certified -Spina Bifida Clinic: Physiatrist, PT, Social worker, Dietitian, Pediatric urologist
- Urology Physiatrist, Urologist

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#### Specialized Therapy Programs (Monday-Friday, 8am - 5pm) Available by referral only

Continuum of Care Programming – Provided by PT, OT and SLP

- Tier 1 Within 6 months of initial onset
- Tier 2 Post onset 6 months to 1 year
  - Continued functional improvement
  - Focus on insuring community resource options are solidified
- Tier 3 Post onset 1 year through lifetime
  - Management of change of condition and focused needs

Specialized Wheelchair Mobility, Seating and Positioning Assessment

• OT and Specialty Durable Medical Equipment Vendors

Specialized Rehabilitation Technology/Services for Assessment and Treatment

- Functional Electrical Stimulation
- Ekso Bionics exoskeleton robotic gait training
- Lite Gait body weight supported gait training
- ZeroG Gait & Balance training system
- Aquatic therapy HydroWorx underwater treadmill
- Dynavision visual and cognitive performance assessment/training
- NeuroCom system balance assessment/training
- Armeo upper extremity robotic device training

Swallowing Assessment and Treatment

- Videoflouroscopy Assessment
- Functional Endoscopic Evaluation System (FEES)

\*Accept all referrals from Internal and External Providers

\*Insurance Benefits and authorizations are verified prior to scheduling appointments