



# 2024 VIRTUAL Quit Smoking Program

TO ATTEND A CLASS:

Who can Attend:

SCVMC patients and patients  
from community partners who  
seek Specialty care at SCVMC

- **FREE** one-hour **VIRTUAL** class
- Taught by skilled **Health Educators**
- Offered in **English, Spanish and Vietnamese**



Call Ambulatory Health Education Department:  
**(408)-885-5436**



Ask for a referral from your provider at your local  
**Valley Health Center (VHC)**



Please visit our website for more information:  
**[www.scvmc.org/ahed](http://www.scvmc.org/ahed)**